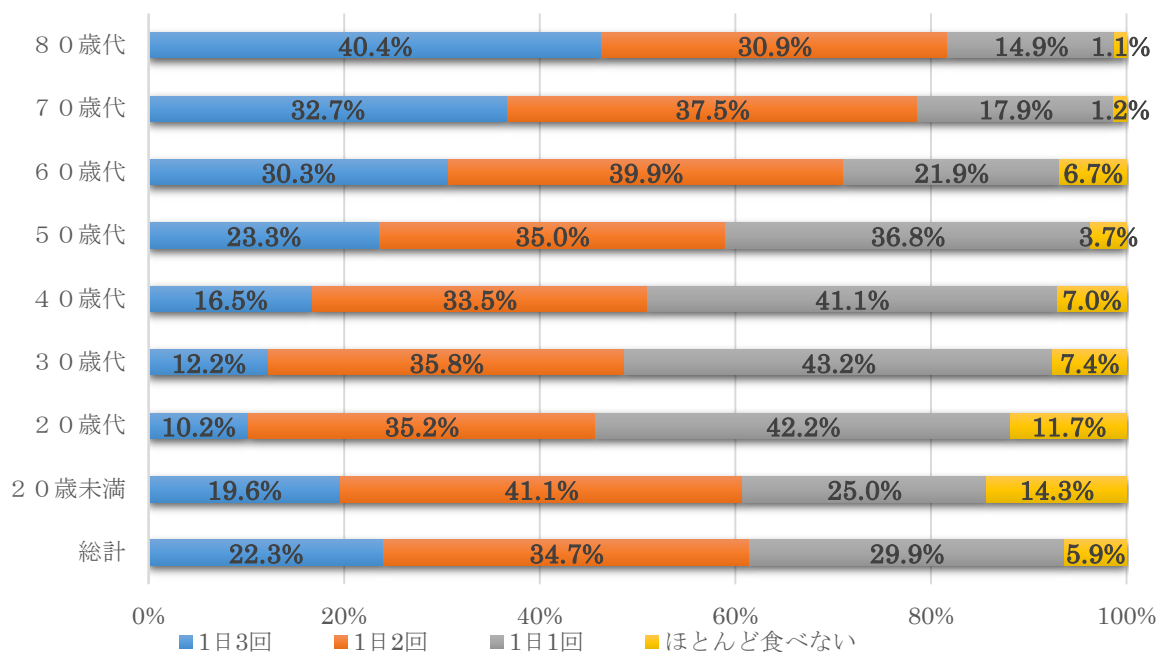
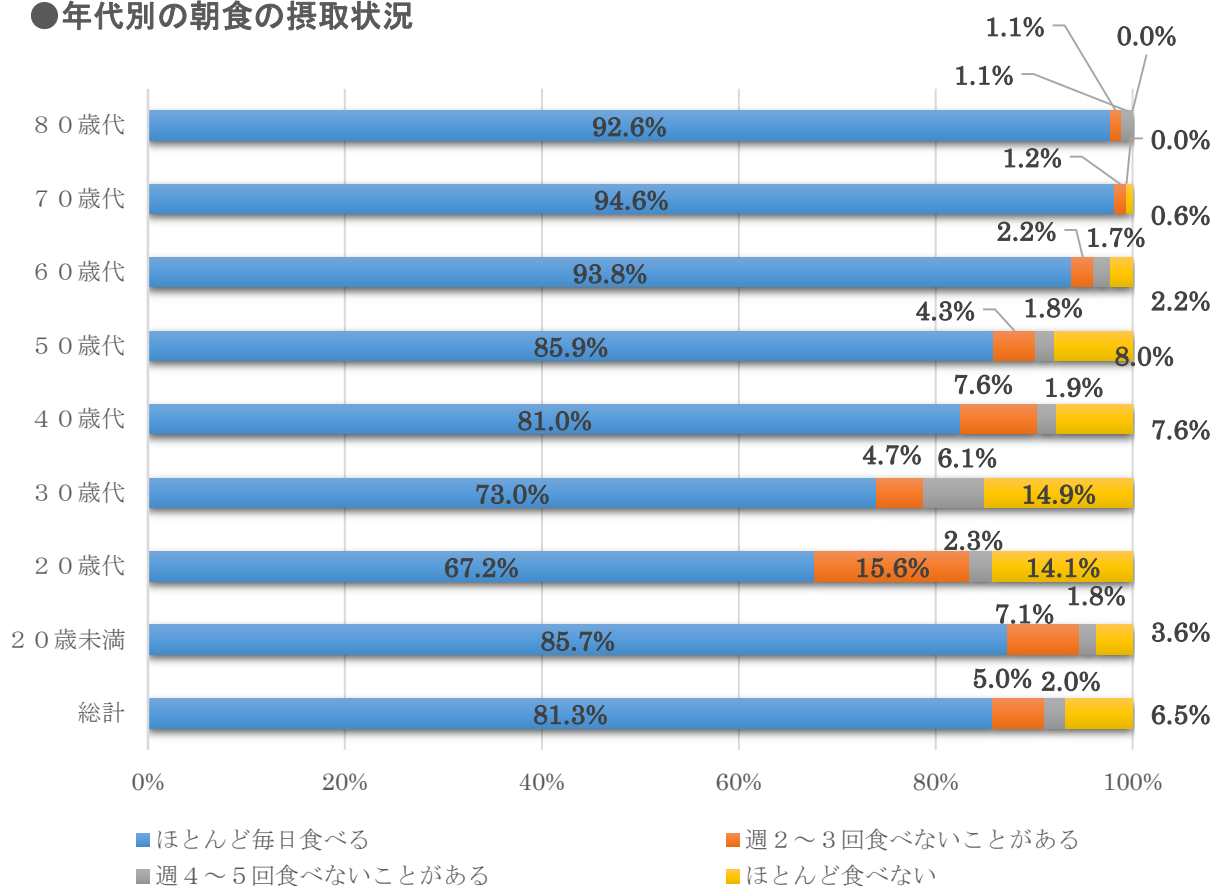


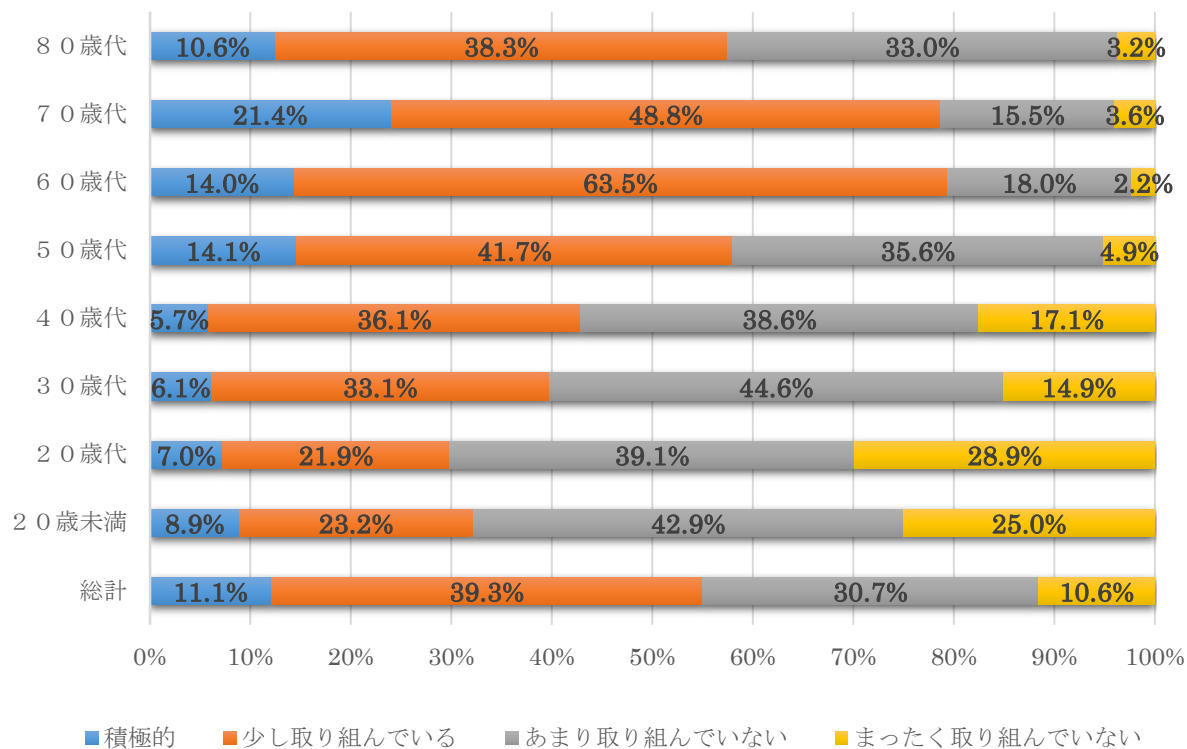
### ● バランスの良い食事を1日何回食べるか



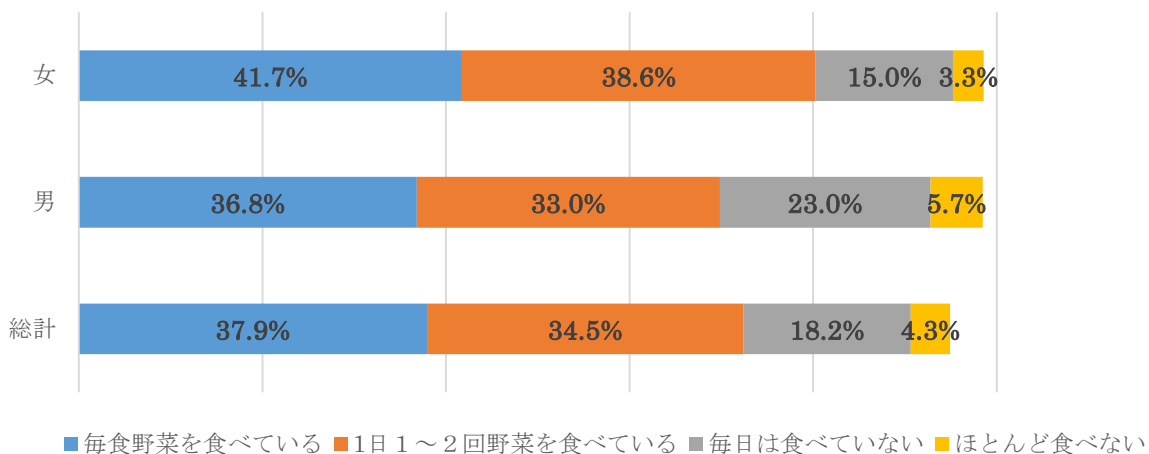
### ● 年代別の朝食の摂取状況



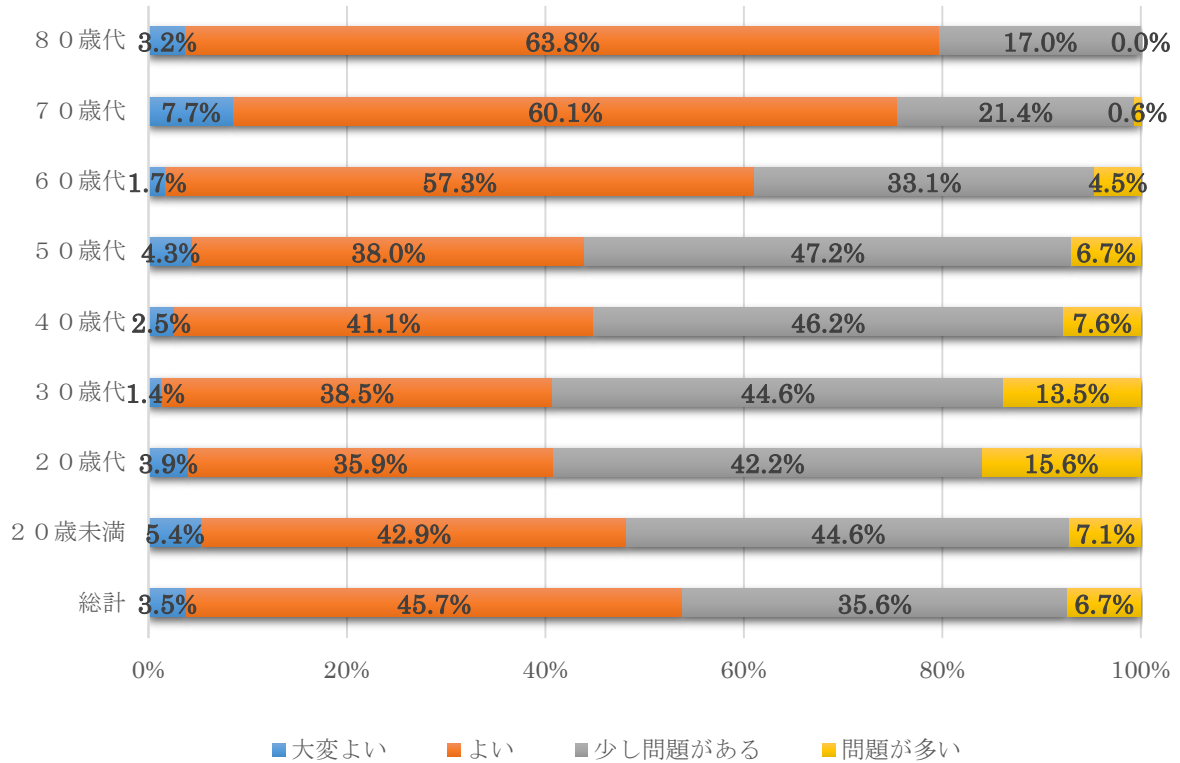
### ●減塩に取り組んでいますか



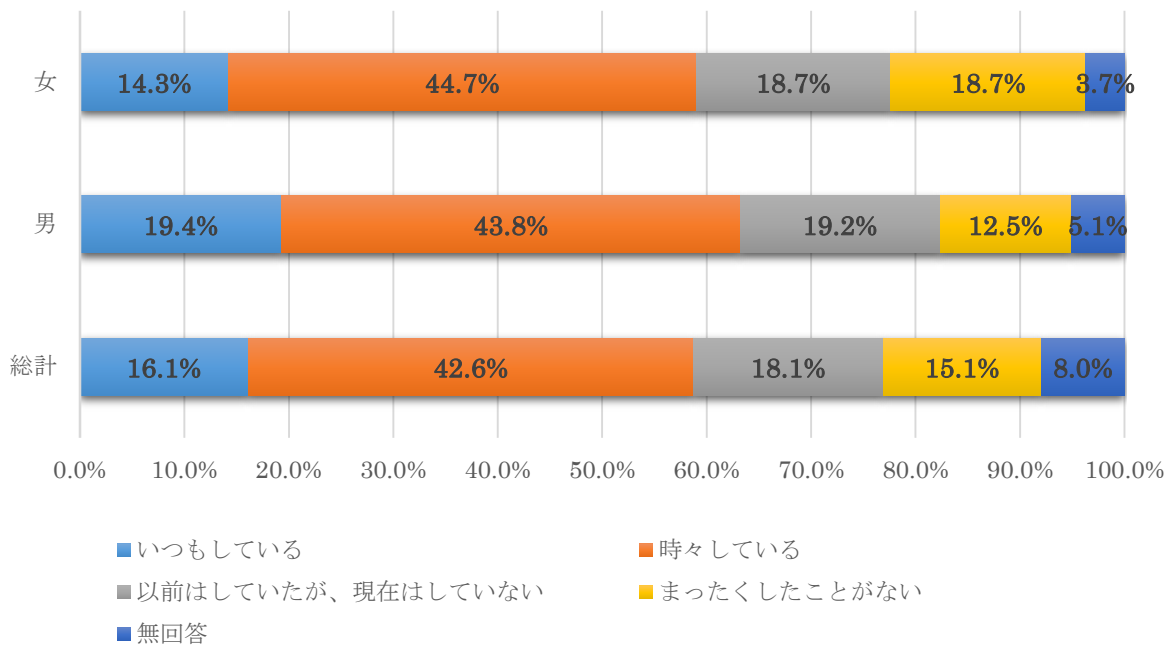
### ●野菜の摂取状況



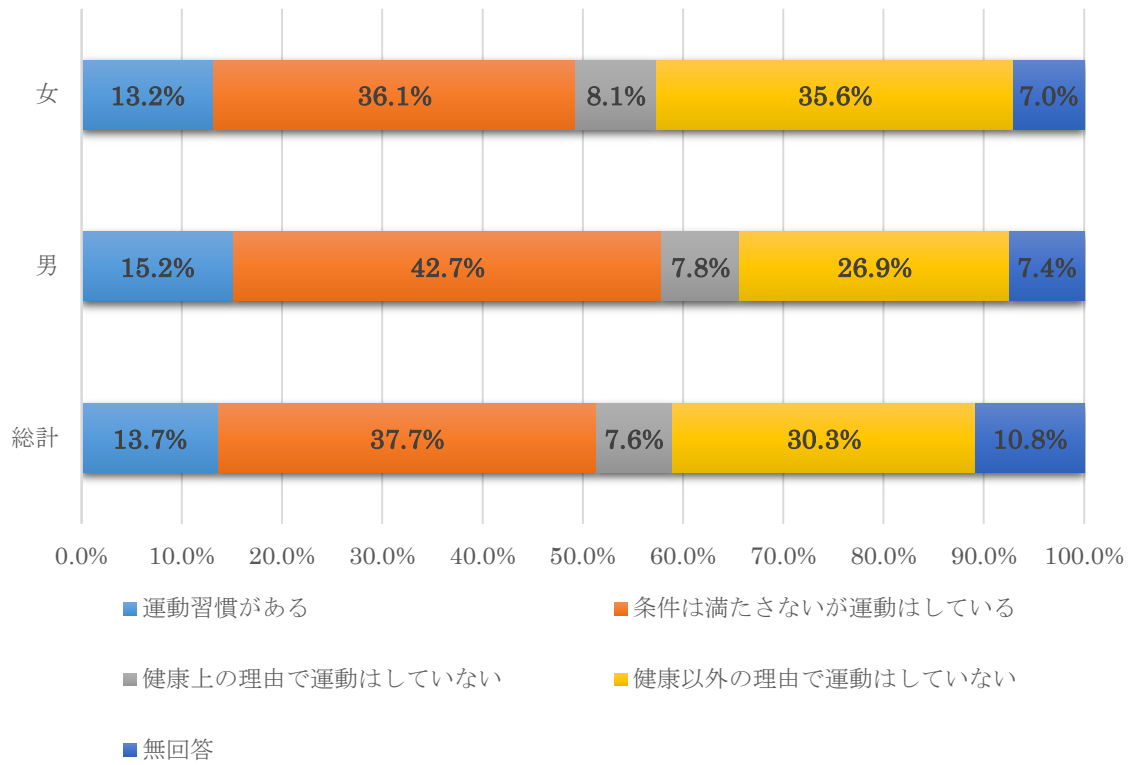
### ●自分の食事をどう思うか



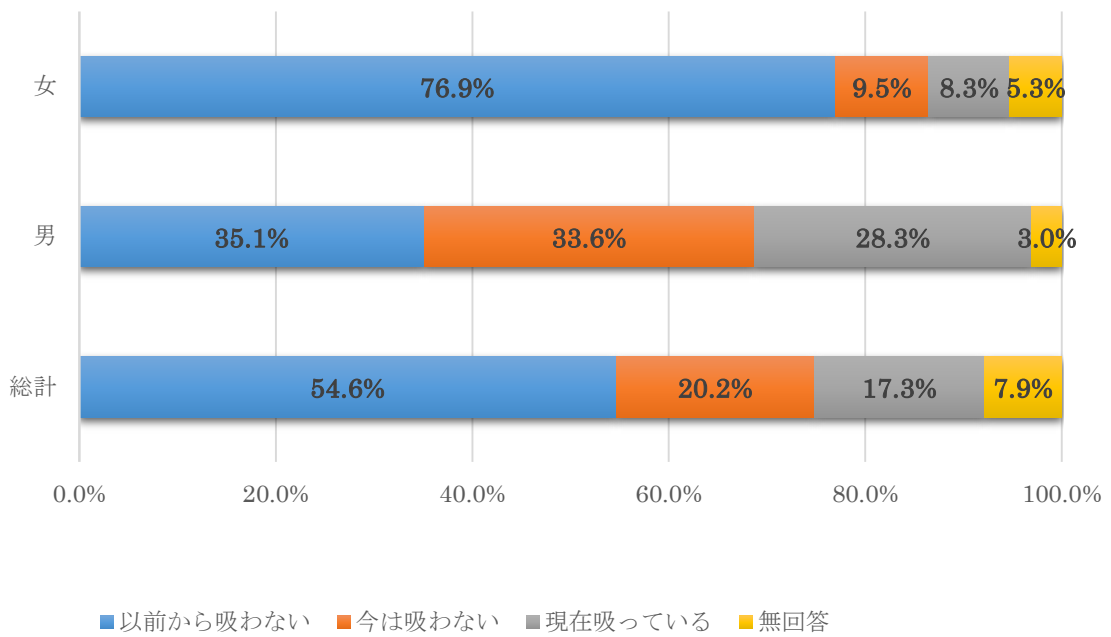
### ●意識的に運動しているか

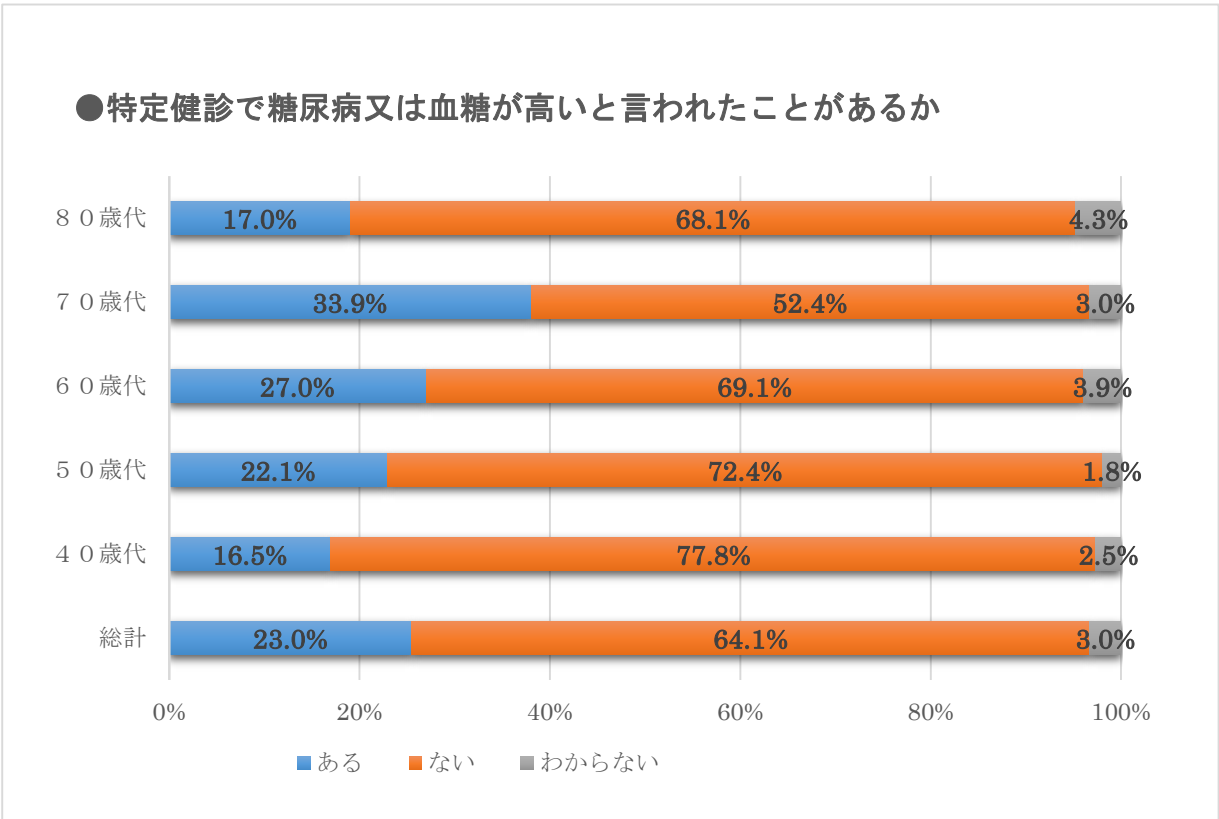
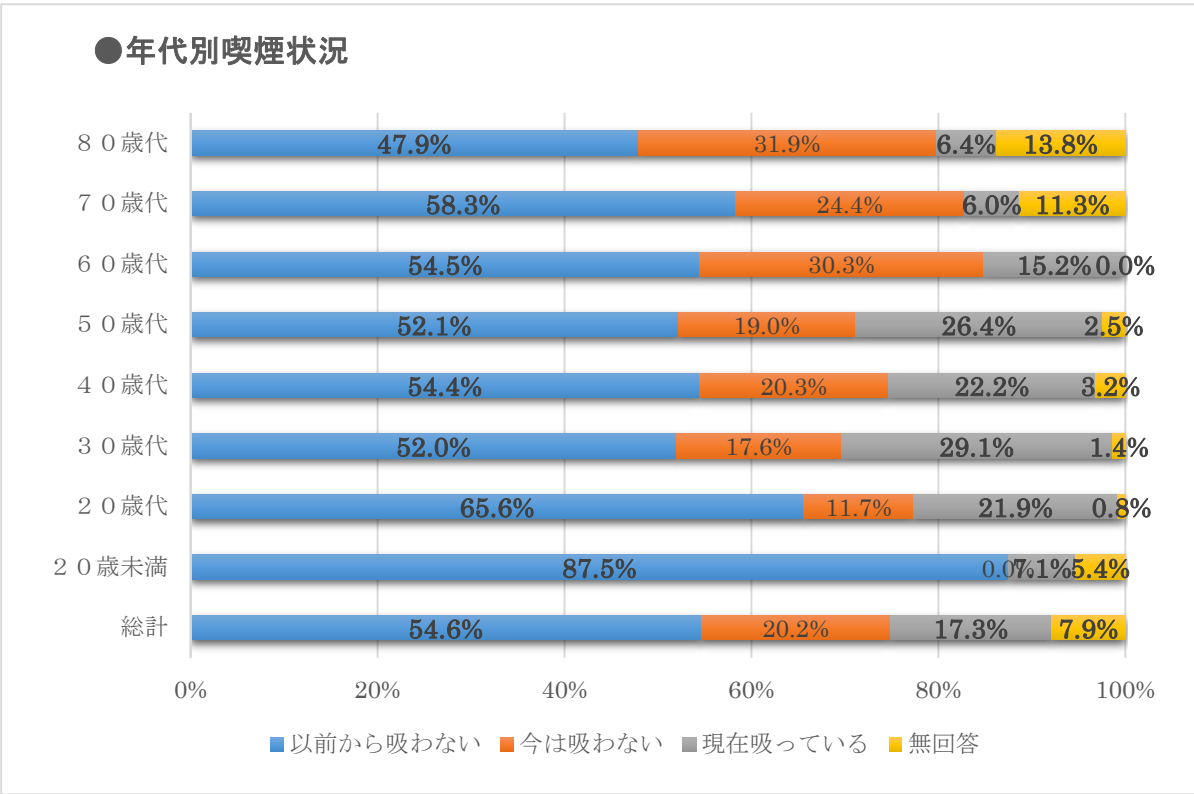


### ●運動習慣があるか



### ●男女別喫煙状況





\* グラフはすべて、平成 26 年度の胎内市生活習慣アンケート調査結果より

